



ATHLETES
UNLIMITED
NEWTON



Marc C. Laredo, Mayor
Marc R. Welch, Commissioner Parks & Recreation



Mark Kelly, Deputy Commissioner
Miranda Morse, Special Needs Recreation Program Manager

Newton Parks & Recreation • 246 Dudley Road, Newton MA 02459 • 617-796-1527

Spring Flings into Summer

Spring is an incredibly busy, fulfilling, and impactful season for everyone at Athletes Unlimited. Athletes had the opportunity to participate in over 12 programs per week, and many represented our program at the Special Olympics track and swim meets. Major highlights included the Pancakes & Pajamas Dance, the 48th Annual Awards Ceremony Spring Fling and the ever-popular Spring Carnival.

We are excited about June! This month features the Special Olympics Summer Games at Harvard University, the Newton Tigers playing in the NESN baseball tournament, and a Legends movie night for adults aged 45 and over. Additionally, Camp Echo Bridge kicks off its summer season on June 29, running for six weeks in Newton followed by a one-week residential experience in the Berkshires.



Ethan John and family were all smiles at our annual AU celebration.

The summer season for adults features softball, twilight swim, puppy yoga, and a Luau dance. In July, Athletes Unlimited will host two special events: the ninth Annual Schultz Family Kids Triathlon on Thursday, July 23rd, and the 11th Annual Cornhole Classic on Thursday, July 30th. Our Falmouth charity team, which still needs runners, will finish off our summer season on Sunday, August 16th.



Elizabeth Brash danced the night away at our Spring Fling.

Come celebrate the summer season with Athletes Unlimited.

FIND US AT:

Mark Kelly	mkelly@newtonma.gov • 617-796-1527
Miranda Morse	mmorse@newtonma.gov • 617-796-1538
Website:	newtonathletesunlimited.org
Volunteer Information:	athletesunlimited.volunteerhub.com
Facebook Page:	www.facebook.com/NewtonAthletesUnlimited
Instagram:	NewtonAthletesUnlimited
YouTube:	NewtonAthletesUnlimited
Online Registration:	newtonma.myrec.com

9th Annual

SCHULTZ FAMILY **KIDS** TRIATHLON



Thursday, July 23rd, 6:00pm

Newton North High School
457 Walnut Street, Newton MA 02460

For Participants Ages 6-13 and Athletes Unlimited
participants of all ages

Register at schultzfamilykidstriathlon.com



Sunday, August 16, 2026

We are delighted to introduce our team

Chris Avallone	Anna DiSciullo
Emily Barden	Betsy DiSciullo
Ellen Barrett	Nicole Doherty
Conor Butze	Margaret Fitzgerald
James Butze	Kevin Horan
Erik Clements	Reagan Megill

We are still looking a few additional runners to join our team!

Anyone interested in joining the team please reach out to mkelly@newtonma.gov.

11th Annual



CORNHOLE CLASSIC

Thursday July 30

American Legion Post 440
295 California Street

5:30pm: Registration & Warm-Up
6:00pm: Bags Fly
Two Person Double Elimination Tournament
\$50 per team

\$10.00 Spectators: includes music, food,
cash bar and the opportunity to participate
in cornhole challenges

Teams and Spectators can Register Online @
cornholeclassic.eventbrite.com

Amazing Prizes

Cornhole Cup Trophies
Paddy's & O'Hara's Gift Certificates
Cabot's Gift Certificates

Softball • Swim • Dance • Yoga

Adult Co-Ed Softball Team



Batter Up! Join our team for some great softball action on Tuesday evenings. For 5 weeks athletes and volunteers will practice and play softball. We might even have a game scheduled against Brookline. If you have a baseball glove, please

bring it with you. Wear comfortable clothing, bring a water bottle. Volunteers needed.

- When:** Tuesdays, 6:00pm – 7:00pm
Drop off and pick up on Cornell Street near the field.
- Location:** Lower Falls Community Center
- Dates:** July 7, 14, 21, 28 August 4
- Ages:** 18 and Up
- Cost:** \$30 Newton Resident/\$35 Non-Residents

Adult Twilight Swimming

In the summer there is nothing like a refreshing swim after a long day at work. Come and take a dip or swim a few laps while catching up with friends.

- When:** Wednesdays, 6:00pm – 7:00pm
- Location:** Crystal Lake 20 Rogers Street
Newton Highlands
- Dates:** July 8, 15, 22, 29 August 5
- Ages:** 18 and Up
- Cost:** \$30 Newton Resident/\$35 Non-Residents

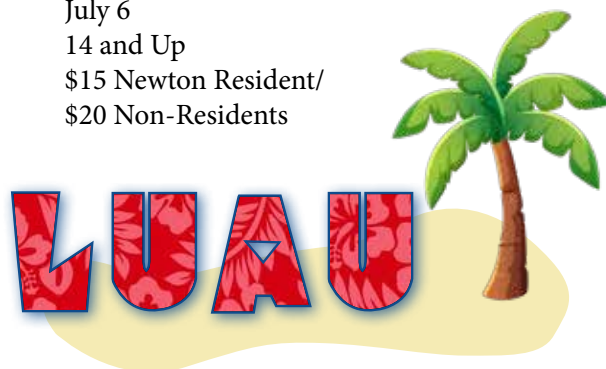


Pups & Yoga

Come unwind and connect with adorable puppies in a program that is good for the mind and soul. Bring a yoga mat or beach towel as you will be doing yoga with your new four-legged friends. The program will also include a fun puppy related crafts project.



- When:** Monday, 6:00pm – 7:00pm
- Location:** Mason-Rice Elementary School,
149 Pleasant Street
- Dates:** July 6
- Ages:** 14 and Up
- Cost:** \$15 Newton Resident/
\$20 Non-Residents



Island Luau Dance

It's back! Get your Hawaiian shirts or grass skirts ready, as we will transport guests to a tropical island at this dance. Eat dinner before you come and know that we will have a Kona Shaved Ice Truck at the event for all to enjoy. DJ Mike Pride will be spinning the tunes and, of course, hosting a limbo contest.

- When:** Monday, 6:00pm – 7:00pm
- Location:** Mason-Rice Elementary School,
149 Pleasant Street
- Dates:** Monday August 3
- Ages:** 14 and Up
- Cost:** \$15 Newton Resident/\$20 Non-Residents



REGISTRATION IS IMPORTANT

Please register prior to coming to programs or call to find out if space is available. Programs fill quickly and we do not want you to miss out! Register by mail or online at:

newtonmarec.com

Summer 2026 Calendar

July

S	M	T	W	T	F	S
	First Day of Camp Echo Bridge		1	2	3	4 Happy 4th of July
5	6 Puppy Yoga	7 Adult Softball	8 Twilight Swim	9	10	11
12	13	14 Adult Softball	15 Twilight Swim	16	17	18
19	20	21 Adult Softball	22 Twilight Swim	23 Schutz Family Kids Triathlon	24	25
26	27	28 Adult Softball	29 Twilight Swim	30 Cornhole Classic	31	1

August

S	M	T	W	T	F	S
						1
2	3 Island Luau Dance	4 Adult Softball	5 Twilight Swim	6	7 Last Day of Camp Echo Bridge	8
9	10 Camp Echo Bridge leaves for Camp Winadu	11	12	13	14 Camp Echo Bridge returns from Camp Winadu	15
16 Team AU @ Falmouth Road Race	17	18	19	20	21	22
23	24	25	26	27	28	29



ATHLETES
UNLIMITED
NEWTON

SCHOLARSHIPS AVAILABLE

No one will be denied access to programs due to inability to pay.
Scholarships are available from Athletes Unlimited Newton.

To view all programs go to: newtonmarec.com

Newton Parks & Recreation • Therapeutic Recreation

Summer 2026 Program Registration Form

(Please write clearly in pen)

Name _____ Date of Birth _____ Age _____

Address _____

Home Phone _____ Participant Cell Phone _____

Parent Phone _____ Group Residence Phone _____

Parent Email _____ Participant Email _____

Group Residence Email _____

Programs	Ages	Resident	Non-Resident	Check Off
1. Adult Co-Ed Softball Team	18 & Up	\$30	\$35	_____
2. Adult Twilight Swim	18 & Up	\$30	\$35	_____
3. Island Luau Dance	14 & Up	\$15	\$20	_____
4. Puppy Yoga	14 & Up	\$15	\$20	_____
Total Amount of Check Enclosed			\$	_____

Make all checks payable to: CITY OF NEWTON

Mail registration forms and payment to: Newton Parks & Recreation, 246 Dudley Road Newton, MA 02459
or go to newtonma.myrec.com and register online.

CONSENT FORM

Parental Consent, Release from Liability and Indemnity for Newton Parks and Recreation Special Needs Program

I/we, the undersigned father and mother, or guardian(s) of _____, a minor, do hereby consent to his/her participation in the Therapeutic Recreation Program of the Newton Parks & Recreation Department. I/we forever RELEASE, acquit, discharge and covenant to hold harmless the City of Newton, a municipal corporation of the Commonwealth of Massachusetts, and its successors, departments, officers, employees, servants and agents, of and from any and all actions, causes of actions, claims, demands, damages, costs, loss of services, expenses and compensation on account of, or in any way growing out of, directly or indirectly, all known and unknown personal injuries or property damages which I/we may now or hereafter have as the parent(s) or guardian(s) of said minor, and also all claims or rights of actions or damages which said minor has or hereafter may acquire, either before or after his/her participation in Therapeutic Recreation Program. FURTHERMORE, I/we hereby agree to protect the City of Newton and its successors, departments, officers, employees, servants and agents against any and all claims for damages, compensation or otherwise on the part of said minor growing out of or resulting from injury to said minor in connection with his/her participation in the Therapeutic Recreation Program and to INDEMNIFY, reimburse or make good to the City of Newton or its successors, departments, officers, employees, servants and agents any loss or damage or cost, including attorney's fees, the City of Newton or its representatives may have to pay if any litigations arise from said minor's participation in and field trips with, the said Therapeutic Recreation Program.

SIGNATURE PARENT/GUARDIAN _____

RELATIONSHIP _____

DATE _____

Photo Release: For all participants in any program. Permission is given for my child's picture to be taken with the possibility of being published, reproduced or otherwise used for publicity, educational or other purposes. Yes _____ No _____

