



ATHLETES
UNLIMITED
NEWTON



Ruthanne Fuller, Mayor
Nicole Banks, Commissioner Parks, Recreation & Culture



Mark Kelly, Special Needs Director
Miranda Morse, Special Needs Recreation Program Manager

Newton Parks, Recreation & Culture • 246 Dudley Road, Newton MA 02459 • 617-796-1538

Autumn Gratitude Leads to Exciting Winter

November is such a great time to take a step back and reflect on all that we are thankful for. We are grateful for our athletes, families, volunteers, coaches and community partners who are second to none. They fill the Athletes Unlimited bucket every week with smiles, enthusiasm and downright joy.

Our program just came off our largest and most successful Paddy's Road Race, where 125 of our athletes participated. Sincere thanks to the O'Hara family, the race committee and everyone who ran, walked, volunteered or sponsored for helping make Newton such a welcoming and inclusive city.

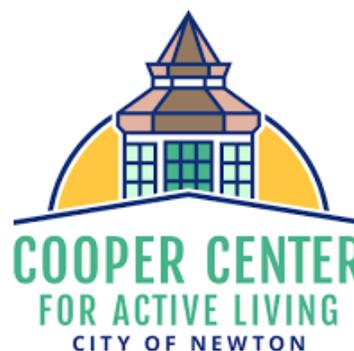
The City of Newton is excited to be opening the Cooper Center for Active Living in December. We are hosting an open house for our athletes and families to visit the center on Wednesday night, Dec. 10, from 6-8pm. We will use the facility on Wednesday nights starting this January.

The winter season will include four basketball programs, cheerleading, ice skating, swim lessons, floor hockey and movement and music concerts. We have planned trips to see the Sound of Music at the Citizen's Bank Opera House and to ski at Loon Mountain. Our family Bingo Night and Valentine's Dance are back, we have bolstered our zoom programming over these colder months, and we will cap off the winter season with our 37th Annual Kevin Clancy Basketball Tournament on Saturday, March 14th. Before our Spring programs kick off, we are excited to host a Coaches & Volunteer Appreciation Night on Monday, March 23rd. These extraordinary individuals are the heartbeat of our organization, and we look forward to a fun evening filled with an abundance of thanks and gratitude.

Thank you for being a part of the Athletes Unlimited community and we wish you a healthy and joyous holiday season.



Forrest Beard waves to the crowd in the Paddy's 1K & All Abilities race.



The much-anticipated Cooper Center for Active Living opens in December. We look forward to using the facility on Wednesday nights.

FIND US AT:

Mark Kelly
Miranda Morse
Website: newtonathletesunlimited.org
Volunteer Information: athletesunlimited.volunteerhub.com
Facebook Page: www.facebook.com/NewtonAthletesUnlimited
Instagram: [NewtonAthletesUnlimited](https://www.instagram.com/NewtonAthletesUnlimited)
YouTube: [NewtonAthletesUnlimited](https://www.youtube.com/NewtonAthletesUnlimited)
Online Registration: newtonma.myrec.com

FALL FUN

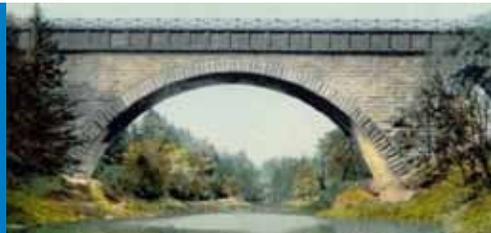


Camp Echo Bridge



Summer Fun!

**RECREATION
& LEISURE
ACTIVITIES**



**ACADEMIC
ENRICHMENT
ACTIVITIES**

An inclusive summer program that bridges recreation and academics in the summertime.

Day Camp: Monday, June 29 – Friday, August 7
Overnight Trip: Monday, August 10 – Friday, August 14

REGISTRATION BEGINS ONLINE
Wednesday, January 28, 2026 at 5:30pm

New Year's Dance • Fitness • Yoga • Art



2026 New Year's Zoom Dance Party

Get ready to ring in the New Year with AU! Join us on Zoom for a night of dancing in your living room as we

celebrate all the fun we had in 2025, and all the excitement we can look forward to in 2026.

When: Monday, December 29, 7:00pm-8:00pm

Location: ZOOM LINK

<https://us02web.zoom.us/j/5554321212?pwd=NkFGRk1OUe9lVkrRKQ0hUZGg2Z3pQQT09>

Ages: All Ages

Cost: Free

Movement Mondays



Angela and Chase will be back in action leading us through different workouts on Zoom. It's a great way to start the week off right with some movement and muscle building!

When: Monday, 6:45pm-7:30pm

Dates: January 5, 12, 26 (No class 1/19)
February 2, 9

Location: ZOOM LINK

<https://us02web.zoom.us/j/5554321212?pwd=NkFGRk1OUe9lVkrRKQ0hUZGg2Z3pQQT09>

Ages: 13 & Up

Cost: \$10



Tranquil Tuesdays

Join us from your living room for some mindfulness, relaxation, and stretching as we do yoga with

Sarah on Zoom! Whether you're new to yoga, or have been practicing for years, this class will be a great way to wind down on Tuesdays.

When: Tuesdays, 7:00pm-7:45pm

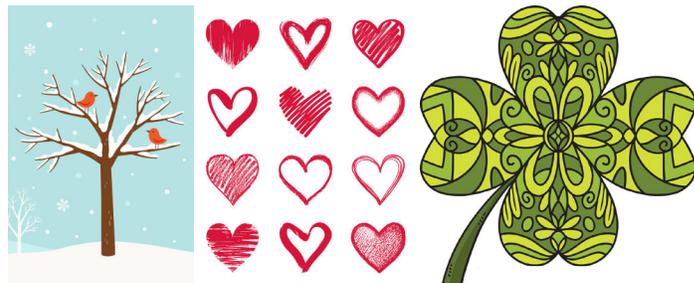
Dates: January 6, 13, 20, 27
February 3, 10

Location: ZOOM LINK

<https://us02web.zoom.us/j/5554321212?pwd=NkFGRk1OUe9lVkrRKQ0hUZGg2Z3pQQT09>

Ages: 13 & Up

Cost: \$10



Zoom Art with Karen!

Get your markers and paint ready, it's Zoom Art with Karen! Hop on the computer and learn to draw three different images while chatting and laughing with your friends.

When: Sundays, 1:00pm-2:00pm

Dates: January 4 (Winter Scene)
February 8 (Valentine's Chocolates)
March 22 (Mandala Shamrock)

Location: ZOOM LINK

<https://us02web.zoom.us/j/5554321212?pwd=NkFGRk1OUe9lVkrRKQ0hUZGg2Z3pQQT09>

Ages: 13 & Up

Cost: \$10



Zoom Dances with Karen!

Time to bust out your dancing shoes and crank up the volume on your computers, Zoom Dances with Karen are here!

Join Karen one Friday each month for an hour of dancing in your living room. Each dance will have a different theme so get ready for some fun!

When: Fridays, 6:30pm-7:30pm

Dates:

January 30th – Request Night – send your song choices by January 26th – email kpeirce@newtonma.gov!

February 27th – Country Night

March 20th – Colorful Songs (all songs will involve a color)

Location: ZOOM LINK

<https://us02web.zoom.us/j/5554321212?pwd=NkFGRk1OUe9lVkrRKQ0hUZGg2Z3pQQT09>

Ages: 13 & Up

Cost: \$10

Cheerleading • Basketball

Bears & Celtics Basketball

Bears and Celtics Basketball will all take place at a NEW LOCATION this year!! These two teams will practice at the **Cooper Center for Active Living**, 345 Walnut St, Newtonville, kicking off AU's Wednesday presence at this brand-new facility! All teams will play on Saturday, March 14th at the Kevin Clancy Tournament (Times TBA).

Dates: January 7, 14, 21, 28
February 4, 11, 25
(No practice 2/18)
March 4, 11
Saturday, March 14th
Kevin Clancy Basketball
Tournament time TBA

Bears Basketball

When: Wednesdays, 6:30pm-7:30pm
Ages: 8-17
Cost: \$50 Newton Resident/\$60 Non-Resident

Celtics Basketball

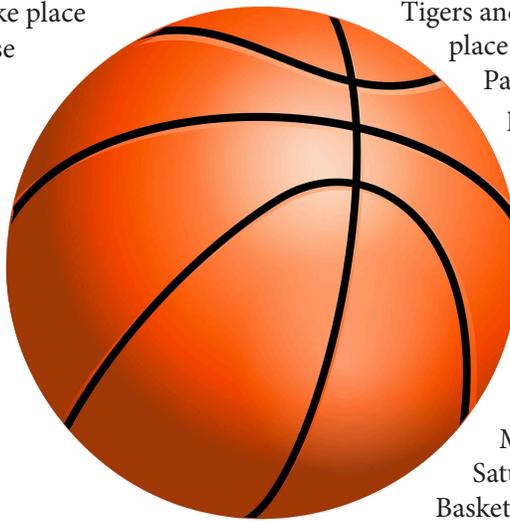
When: Wednesdays, 7:30pm-8:30pm
Ages: 21+
Cost: \$50 Newton Resident/\$60 Non-Resident

Cheerleading

Bust out the pompoms, it's cheer season! We're practicing at a NEW LOCATION this year! More room for dancing and cheering!

When: Wednesdays, 6:30pm-7:30pm
Dates: January 7, 14, 21, 28
February 4, 11, 25
(No practice 2/18)
March 4, 11
Saturday, March 14th Kevin Clancy
Basketball Tournament time TBA

Location: Cooper Center for Active Living
345 Walnut St., Newtonville
Ages: 16 & Up
Cost: \$50 Newton Resident/\$60 Non-Resident



Tigers & Pointsetters Basketball

Tigers and Pointsetters Basketball will all take place at the Mackenzie Center, Sacred Heart Parish Hall, 1337 Centre St. Enter from the parking lot in the rear and use the door on the left. All players should bring a water bottle (with your name on it) and wear sneakers. All teams will play on Saturday, March 14th at the Kevin Clancy Tournament (Times TBA).

Dates: January 7, 14, 21, 28
(Tigers Jan 24th at Cotting)
February 4, 11, 25 (No practice 2/18)
March 4, 11
Saturday, March 14th, Kevin Clancy
Basketball Tournament time TBA

Tigers Basketball

When: Wednesdays, 6:00pm-7:15pm;
Ages: 23-40
Cost: \$50 Newton Resident/\$60 Non-Resident

Pointsetters Basketball

When: Wednesdays, 7:15pm-8:15pm
Ages: 18 & Up
Cost: \$50 Newton Resident/\$60 Non-Resident



Ski • Sound of Music • Valentine Dance



Family Ski Day

New England Disabled Sports at Loon Mountain

It's time to hit the slopes! Join us as we travel by an accessible coach bus to Loon Mountain in New Hampshire for a fun day of skiing with New England Disabled Sports. Athletes will have a ski lesson in the morning, we'll eat lunch and then have another lesson in the afternoon. Opportunities are available whether you're a beginner, intermediate, or expert skier, with coaches who make skiing accessible for all. Parents, siblings, volunteers and friends of the program are welcome to join us on the trip, however the \$125/\$135 rate is for the AU Athletes only. More information will be sent out closer to the trip.

PROGRAM LIMITED TO 20 SKIERS.

When: Sunday, January 25th, 7:30am–6:00pm

Location: Loon Mountain, Lincoln, NH

Ages: 5 & Up

Cost: \$125.00 Newton Resident/\$135 Non-Resident (Includes transportation, rental, lift ticket and 4 hours of lessons)



Enjoy a Show in Boston!

The hills are alive with the Sound of Music! Join us for a trip into Boston to see the musical, The Sound of Music at the Citizens Opera House on January 11th. We'll take a bus into the city and enjoy a fun night of musical entertainment with friends! PROGRAM LIMITED TO 25 ATHLETES so sign up as soon as possible.

When: Sunday, January 11

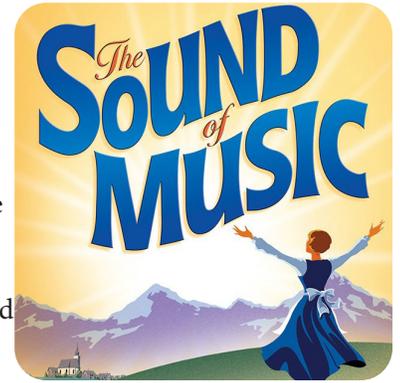
Time: Show starts at 6:30pm and will end around 9:00pm. We will be meeting at 70 Crescent St at 4:45pm, with the bus leaving at 5:00pm. Eat early at home or bring a snack for the bus. We will be back around 9:30pm.

Location: Citizens Opera House, Boston

Ages: 18 & Up

Cost: \$100

(Includes ticket, transportation and supervision)



Valentine's Dance

Join us in your festive Valentine's attire to dance the night away with all our AU friends. Valentine's-themed arts and crafts will be available, as well as dessert and drinks.

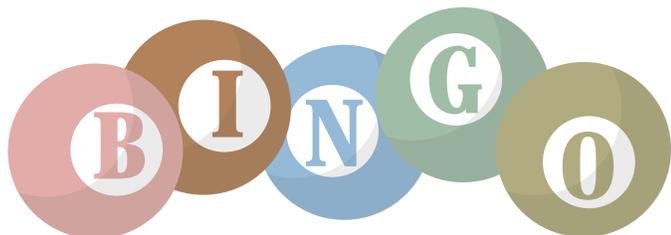
When: Thursday, February 12, 6:30-8:00pm

Location: American Legion Post 440,
295 California St., Newton

Ages: 13 & up

Cost: \$10

Bingo • Legends • Swim



B-5, N-42... BINGO!

Get your daubers ready! Family Bingo Night is back over February Vacation! Everyone is welcome, but registration is required. We will have Cabot's ice cream to enjoy, as well as prizes for the Bingo winners.

When: Wednesday, February 18, 6:30pm-8:00pm

Location: American Legion Post 440,
295 California Street, Newton

Ages: 6 & up

Cost: \$10 Newton Resident/\$10 Non-Resident



Dining with Legends

It's time for Dining with Legends once again! We're excited for a fun group dinner at Fiorella's Cucina, in Newton. Come hang out your fellow Legends and enjoy a delicious Italian meal!

When: Monday, February 23rd

Time: 5:00pm-7:00pm

Location: Fiorella's Cucina
187 North St., Newton, MA

Ages: 45 & Up

Cost: \$20 Newton Resident/\$20 Non-Resident

Instructional Swim

Looking to increase your swimming skills? We've got you covered! Gain more confidence in the water with these 5 or 6-week sessions.



When: Session 1 – Sundays, 1/25-3/1 (No practice 2/15)
Session 2 – Sundays, 3/15-5/3 (No practice 4/19)

Time: 9:15am – 9:45am

Location: Newton North High School
457 Walnut St, Newton, MA

Ages: 5-15

Cost: \$125 Newton Residents/\$125 Non-Residents



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SCHOLARSHIPS AVAILABLE

No one will be denied access to programs if they are unable to pay. Scholarships are available from Newton Athletes Unlimited. Call or email Mark or Miranda with any questions.

617.796.1538



REGISTRATION IS IMPORTANT

Please register prior to coming to programs or call to find out if space is available. Programs fill quickly and we do not want you to miss out! Register by mail or online at:

newtonmarec.com

Newton Parks, Recreation & Culture • Therapeutic Recreation

Winter 2026 Program Registration Form

(Please write clearly in pen)

Name _____ Date of Birth _____ Age _____

Address _____

Home Phone _____ Participant Cell Phone _____

Parent Phone _____ Group Residence Phone _____

Parent Email _____ Participant Email _____

Group Residence Email _____

Programs	Ages	Resident	Non-Resident	Check Off
1. Bears Basketball	8-17	\$50	\$60	1 _____
2. Celtics Basketball	21 & Up	\$50	\$60	2 _____
3. Cheerleading	16 & Up	\$50	\$60	3 _____
4. Dining with Legends	45 & Up	\$20	\$20	4 _____
5. Family Bingo	6 & Up	\$10	\$10	5 _____
6. Family Ski Day	5 & Up	\$125	\$135	6 _____
7. Instructional Swim Session 1	5-15	\$125	\$135	7 _____
8. Instructional Swim Session 2	5-15	\$125	\$135	8 _____
9. Pointsetters Basketball	18 & Up	\$50	\$60	9 _____
10. Sound of Music in Boston	18 & Up	\$100	\$100	10 _____
11. Tigers Basketball	23-40	\$50	\$60	11 _____
12. Tigers Floor Hockey/Bowling	23-40	\$50	\$60	12 _____
13. Valentine's Dance	13 & Up	\$10	\$10	13 _____
14. Welcome 2026 Dance (Zoom)	All Ages	FREE	FREE	14 _____
15. Movement & Music Concert	5-13	FREE	FREE	15 _____
16. Movement & Music Concert	14 & Up	FREE	FREE	16 _____
17. Zoom Art	13 & Up	\$10	\$10	17 _____
18. Zoom Dances with Karen	13 & Up	\$10	\$10	18 _____
19. Movement Mondays	13 & Up	\$10	\$10	19 _____
20. Tranquil Tuesdays	13 & Up	\$10	\$10	20 _____
Total Amount Enclosed			\$	_____

Make all checks payable to: CITY OF NEWTON

Mail registration forms and payment to: Newton Parks and Recreation 246 Dudley Road Newton, MA 02459

or go to newtonma.myrec.com and register online.

CONSENT FORM

Parental Consent, Release from Liability and Indemnity for Newton Parks and Recreation Special Needs Program

I/we, the undersigned father and mother, or guardian(s) of _____, a minor, do hereby consent to his/her participation in the Therapeutic Recreation Program of the Newton Parks & Recreation Department. I/we forever RELEASE, acquit, discharge and covenant to hold harmless the City of Newton, a municipal corporation of the Commonwealth of Massachusetts, and its successors, departments, officers, employees, servants and agents, of and from any and all actions, causes of actions, claims, demands, damages, costs, loss of services, expenses and compensation on account of, or in any way growing out of, directly or indirectly, all known and unknown personal injuries or property damages which I/we may now or hereafter have as the parent(s) or guardian(s) of said minor, and also all claims or rights of actions or damages which said minor has or hereafter may acquire, either before or after his/her participation in Therapeutic Recreation Program. FURTHERMORE, I/we hereby agree to protect the City of Newton and its successors, departments, officers, employees, servants and agents against any and all claims for damages, compensation or otherwise on the part of said minor growing out of or resulting from injury to said minor in connection with his/her participation in the Therapeutic Recreation Program and to INDEMNIFY, reimburse or make good to the City of Newton or its successors, departments, officers, employees, servants and agents any loss or damage or cost, including attorney's fees, the City of Newton or its representatives may have to pay if any litigations arise from said minor's participation in and field trips with, the said Therapeutic Recreation Program.

SIGNATURE PARENT/GUARDIAN _____

RELATIONSHIP _____

DATE _____

Photo Release: For all participants in any program. Permission is given for my child's picture to be taken with the possibility of being published, reproduced or otherwise used for publicity, educational or other purposes. Yes _____ No _____

Medical Information Sheet

(Please write clearly in pen)

Medical Diagnosis _____

Primary Care Physician _____

Known allergies to food _____

Known allergies to medicine _____

Does Participant have seizures? Yes ____ No ____ If yes, how often? _____

What type? _____

Date of last seizure _____

Emergency Contact Name _____

Telephone _____

List all medications participant is taking below:

Please note: Data provided on this form is for information purposes only. In the event of an emergency this form will be given to medical personnel. Newton Parks, Recreation & Culture Department is **not authorized** to administer any medications.

Medication	Time	Dosage

Tigers Sports & Movement & Music

Tigers Floor Hockey & Bowling

The Parents vs. Athletes battle at Tigers Floor Hockey continues this winter! Come on down for some friendly competition, fun, and exercise! After the Kevin Clancy Basketball Tournament Tigers will switch to bowling.

When: Saturdays, 10:00am-11:30am

Dates: January 3, 10, 31 (No session 1/17 or 1/24)
February 7, 14, 21, 28
March 4

March 21, 28 (Bowling)

Location: Emerson Community Center (Floor Hockey)
45 Pettee St, Newton
Needham Bowlway (Bowling)
16 Chestnut St., Needham, MA

Ages: 23-40

Cost: \$50 Newton Resident/\$60 Non-Resident



Movement & Music – Music at the Blissful Concerts

Evan Haller and AU's very own Ashley DeNoble will provide two high energy, fun filled, interactive, movement packed music experiences. Come join the fun as we sing, jump, shake, laugh and go slow and fast with Music at The Blissful.

When: Sunday, March 8th

Time: 1:00pm – 1:45pm (Youth)
2:00pm – 2:45pm (Adult)

Location: The Cooper Center for Active Living
345 Walnut Street

Ages: 5-13 Youth Concert; 14 & Up Adult Concert

Cost: Free, but you need to register



Coaches & Volunteers Appreciation Night

Monday, March 23rd
6pm – 8pm

Upstairs @ Paddy's Public House
95 Elm Street

Food, Drinks, Swag, and an
ABUNDANCE OF THANKS & GRATITUDE



Winter 2026 Calendar

January

S	M	T	W	T	F	S
28	29 Zoom New Year's Eve Dance	30	31	1	2	3 Tigers Floor Hockey
4 Zoom Art	5 Movement Mondays	6 Tranquil Tuesdays	7 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	8 Ice Skating	9	10 Tigers Floor Hockey
11 Sound of Music in Boston	12 Movement Mondays	13 Tranquil Tuesdays	14 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	15 Ice Skating	16	17
18	19 MLK Day	20 Tranquil Tuesdays	21 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	22 Ice Skating	23	24 Tigers Basketball at Cotting
25 Instructional Swim 1 Family Ski Day at Loon	26 Movement Mondays	27 Tranquil Tuesdays	28 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	29 Ice Skating	30 Zoom Dance with Karen	31 Tigers Floor Hockey

February

S	M	T	W	T	F	S
1 Instructional Swim 1	2 Movement Mondays	3 Tranquil Tuesdays	4 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	5 Ice Skating	6	7 Tigers Floor Hockey
8 Instructional Swim 1 Zoom Art	9 Movement Mondays	10 Tranquil Tuesdays	11 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	12 Valentine's Dance	13	14 Tigers Floor Hockey
15	16 Presidents Day	17	18 Family Bingo Night	19	20	21 Tigers Floor Hockey
22 Instructional Swim 1	23 Legends Dinner	24	25 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	26	27 Zoom Dance with Karen	28 Tigers Floor Hockey

UNLIMITED

Winter 2026 Calendar

March

S	M	T	W	T	F	S
1 Instructional Swim 1	2	3 AU Board Meeting	4 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading	5	6	7 Tigers Floor Hockey
8 Movement & Music	9	10	11 Bears Basketball Tigers Basketball Pointsetters Basketball Celtics Basketball Cheerleading Andrea Josephson Game	12	13	14 Kevin Clancy Basketball Tournament
15 Instructional Swim 2	16	17	18	19	20 Zoom Dance w/ Karen	21 Tigers Bowling
22 Instructional Swim 2 Zoom Art	23 Coaches & Volunteers Appreciation Night	24	25	26	27	28 Tigers Bowling
29 Instructional Swim 2	30 Spring programs will start this week	31				



Spring programs will begin at the end of March.



SPONSOR AN ATHLETE

- \$25 Friend of the program
- \$50 Program Scholarship for one athlete
- \$100 Two uniforms for athletes
- \$400 Camp Echo Bridge Day Camp Scholarship
- _____ Other Amount



SPONSOR AN EVENT

2026 Kevin Clancy Basketball Tournament Sponsorship (March 14)

- \$100 Friend, includes name recognition in Event Program Book
- \$250 Signature Sponsor, includes Quarter Page recognition in Event Program Book
- \$500 Gold Sponsor, includes Half Page recognition in Event Program Book
- \$1,000 Platinum Sponsor, includes Full Page recognition in the Event Program Book
- \$5,000 Presenting Sponsor, name included in event title



2026 Awards Ceremony Sponsorship (May 13)

- \$100 Friend, includes name recognition in Event Program Book
- \$250 Signature Sponsor, includes Quarter Page recognition in Event Program Book
- \$500 Gold Sponsor, includes Half Page recognition in Event Program Book
- \$1,000 Platinum Sponsor, includes Full Page recognition in the Event Program Book
- \$5,000 Presenting Sponsor, name included in event title



DREAM BUILDER SPONSORSHIP PACKAGES

- \$500 – Friend Includes Friend Sponsorship and name recognition in all Event Program Books
- \$1,000 – Signature Includes Signature Sponsorship and Quarter Page recognition in all Event Program Books
- \$2,000 – Gold Includes Gold Sponsorship and Half Page recognition in all Event Program Books
- \$3,000 – Platinum Includes Platinum Sponsorship and Full Page recognition in all Event Program Books
- \$5,000 – Premier Includes Platinum Sponsorship in all events and commemorative stone thank you plaque
- \$10,000 – Benefactor Includes Presenting Sponsorship of the Kevin Clancy Basketball Tournament and the Awards Celebration



DONATE ONLINE

www.NewtonAthletesUnlimited.org/donate

- Yes! I would like to support Athletes Unlimited!**
- Yes! My Company would like to support Athletes Unlimited!**

Name _____

Company _____

Address _____

City, State, Zip _____

Level of Support _____

Donation Amount _____

Contributions should be made payable to Athletes Unlimited Newton and mailed to P.O. Box 66163, Newton MA 02466

All Annual Fund donations are tax-deductible.

Athletes Unlimited Newton MA Inc. is a 501c3 organization.

