



## Message from the President

As we kick off our Annual Fund, I enjoy looking back at what Athletes Unlimited Newton has accomplished over the year. November is a great time to be thankful, to pause, reflect and plan for the future. Every year I'm amazed at how we continue to develop as an organization and serve our participants in new and creative ways.

### In 2025 we:

- Began implementation of our strategic plan
- Worked on focusing on our volunteers with training and outreach. Our program volunteers and our volunteer board allow us to use our fundraising dollars directly for programs, not administration fees
- Launched our LEGENDS programming with special events for our participants aged 45+, including dining out and movie nights
- Created Board Committees for further efficiency as our Board goes to work for our participants
- Highlighted our athletes as ambassadors for the Paddy's Road Race
- Created an Athlete Advisory Committee to get input from our fabulous participants on what other programs they would like to participate in

### For 2026 we will:

- Continue to support our volunteers with enhanced intake and training
- Develop the large scale events that so many participants love to be even more inclusive
- Provide connections for our participants and their families with additional in person and online resources
- Further strengthen our relationship with the City of Newton and utilize the Cooper Center as a hub for Athletes Unlimited Newton
- Make the 25th Anniversary of Paddy's Road Race the best one yet!

## Our Goal

Our goal is to raise \$65,000 through the Annual Fund to ensure our programs thrive in 2026. Any amount you can give is appreciated. We are so fortunate to have such a supportive community and with everyone's help we can reach this goal.

You can donate via mail using the attached flyer or online at: [newtonathletesunlimited.org/donate](https://newtonathletesunlimited.org/donate)

Thank you on behalf of all our participants, coaches, volunteers and the Board of Directors.

With very best wishes for the holiday season,

Betsy Lynch DiSciullo  
Athletes Unlimited Newton, President



## 2025 ACHIEVEMENTS

**1**

NEW ATHLETE ADVISORY  
COMMITTEE

**229**

YOUTH  
TRIATHLETES

**\$30K**

IN SUPPORT OF CAMP  
ECHO BRIDGE

**312**

YEAR-ROUND  
RECREATION PROGRAMS

**75+**

NEW ATHLETE & VOLUNTEER  
INTAKE MEETINGS

**3,166**

PADDY'S ROAD RACE  
REGISTRANTS